

# Lifegroup Discussion Guide

Sermon Title: **No Fear**

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## **Focus of today:**

The world may be in a panic at the moment, but God is not caught off guard. He will keep us in perfect peace as we fix our thoughts on Him (Isaiah 26:3). Starve your doubts and feed your faith.

**WELCOME:** Start Talking: Have you ever had an irrational fear as a child growing up? Tell us more.

**WORSHIP:** Do a praise and/or worship song as people shift their focus from each other to the Lord.

## **WORD:**

### **Isaiah 26:3 (NLT)**

3 You will keep in perfect peace  
all who trust in you,  
all whose thoughts are fixed on you!

- The devil operates in our five senses!
- And the Bible says that we walk by faith and not by sight!
- That is why peace can only come when our thoughts are fixed on Jesus!
- The fear, the problems and challenges you are facing right now - IS NOT PERMANENT!
- FAITH IS PERMANENT!
- GOD IS PERMANENT!
- That is why God wants us more conscious of the eternal realm than the physical realm.
- If you want to see in what area of your life God is blessing you - look at where you are experiencing the most intense attack from the enemy!

Q: What will help us to be less dependent on our five senses and more focused on God's Word?

Q: When facing problems and challenges, our knee-jerk reaction is fear. How do we fix our minds on what Jesus has done on the cross?

**Isaiah 24:18 (NKJV)**

17 Fear and the pit and the snare  
Are upon you, O inhabitant of the earth.

18 And it shall be  
That he who flees from the noise of the fear  
Shall fall into the pit,  
And he who comes up from the midst of the pit  
Shall be caught in the snare;  
For the windows from on high are open,  
And the foundations of the earth are shaken.

- FEAR OPERATES THROUGH NOISE! - IT IS LOUD!
- It shouts at you through the news headlines!
- It shouts at you through social media!
- It shouts at you through our insecurities!
- It shouts at you and once you start running - you fall into the pit and once you get out of the pit - you step into the snare!

Q: Think about how have we been conditioned through fear from a very young age?

Q: What steps can we take not condition our loved ones through fear?

Q: In 2 Timothy 1:7 the Bible calls fear a spirit. How does this affect how we deal with fear?

**GREATER WORKS:**

**We are working hard at finishing our Thrive Centre (children’s ministry, youth and Bible School).**

**Please consider how your Life Group can get involved through practical help and contributing financially to this.**

**Who are you inviting to this coming Sunday’s services?**

